



**FITNESS CENTER
EXERCISE CLASS SCHEDULE
January - April 15th**

MONDAY-WEDNESDAY - FRIDAY

**"YOGA" 7:30AM
"BODYSCULPTING" 8:30 AM, 9:30 AM , 10:45AM
"WATER AEROBICS" 10:30AM**

TUESDAY-THURSDAY- SATURDAY

**"FITNESS" 7:30 AM, 8:30 AM, 9:30AM
"POWERLIFTING' 10:30AM
"YOGA" 10:30AM**

Class sizes are limited - Please sign in for the class you would like.

**FITNESS CENTER HOURS
7:00AM - 5:00PM MONDAY
7:00AM - 8:00PM TUES.-SUN.**

